

S.A.F.E. – Who I Am Beyond My Trauma

A Program of Posterity: A Safe Place, Inc.

Use this page to reflect on the qualities, interests, strengths, and dreams that define you beyond your trauma.

My Strengths
My Hobbies & Interests
Values I Live By
Accomplishments I'm Proud Of
Goals for My Future
Things That Bring Me Joy
Words That Describe Me